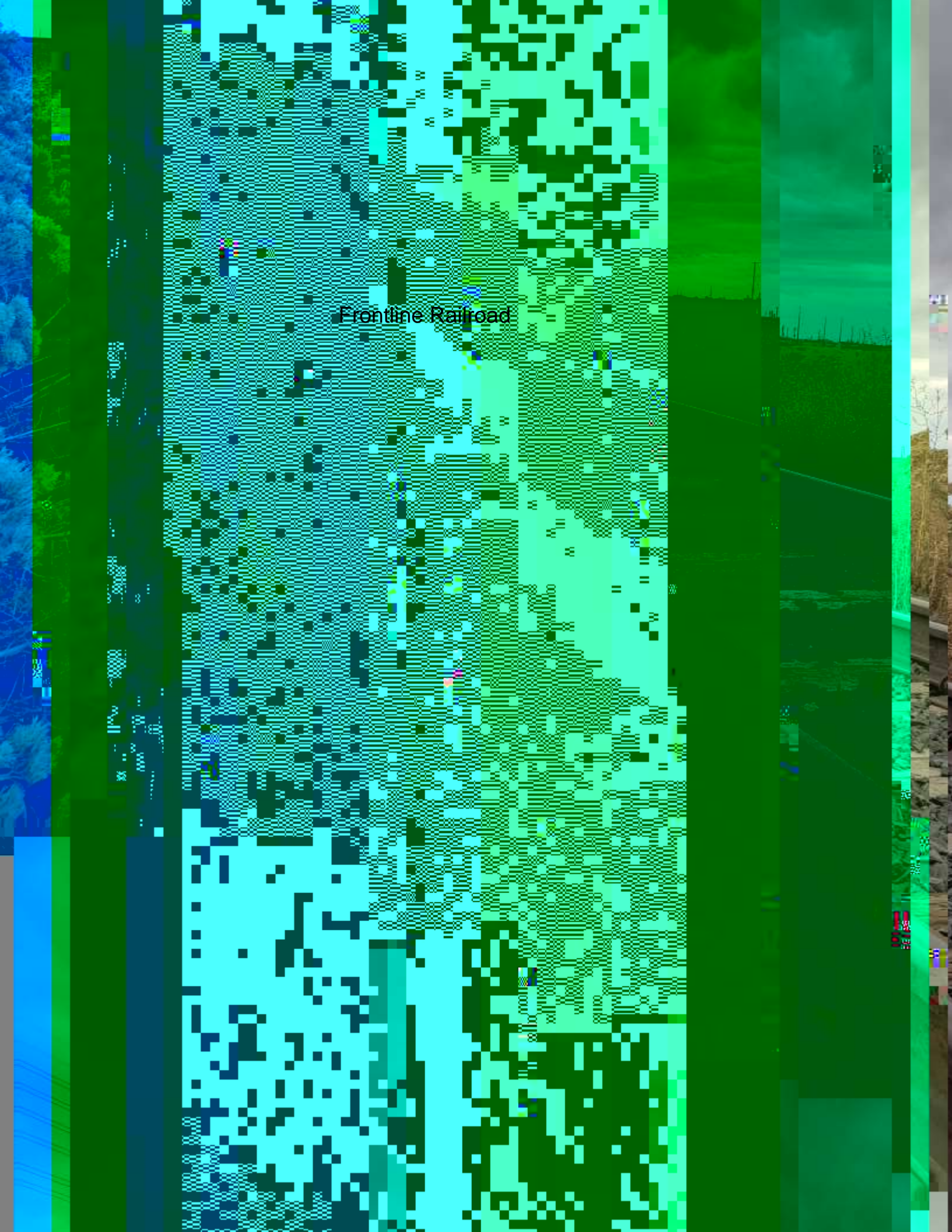


# Frontline Railroad



## Suicide Prevention

## Introduction

Intentional self-harm and death on railroad right of way is a tragic occurrence event that affects many

professionals

Once the person is engaged in talking the goal of getting the person in touch with additional helpful resources is planned. Developing a Suicide Plan or more specifically a Suicide Prevention Plan is standard practice for all psychological counselors and psychotherapists. Barbara Stanley and her colleagues have written about a standard approach to the steps in the plan. However, the approach has been around for decades.



<i>Substance Abuse and Toxicology Reports</i>	62% reported to have been heavy consumers of alcohol 58% reported to have been abusing drugs 51% positive toxicology report readings 37% positive for alcohol 16% positive for illicit drugs or prescription drugs 96% were substance abusers and a diagnosed mental illness
<i>Precipitating Factors</i>	94% reported to have a recent

## Part B. Common Myths & Misconceptions

### Common Myths

1. If someone is talking about suicide and self-harm, it should be taken seriously.
2. Talking about suicide is a bad idea and might be interpreted as encouragement.
3. Once someone is suicidal, they will stay suicidal?
4. Someone who is suicidal is determined to die?
5. People who talk about suicide are not always intending to take their own



## Part C.

necessary (Brent, 2019). -risk for intentional self-harm is





Previous research has shown that the successfully managing each step in the SSPP

suicide related events by more than 10%" (Green, et al., 2018, p. 935).

These procedures will be based on the Suicide Safety Prevention Pla TjTmd.0ETQq00 G71

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