

The purpose of Small Deed Big Impact of Compassion assignment is to apply your learning by designing and carrying out a small but extraordinary act of compassion for someone who is suffering. Below are the steps you will take to complete the project.

- 1.

4.

Due April 28<sup>th</sup>

The purpose of the proposal mind map and presentation is to allow you to think deeply about your act of compassion, get feedback from your Circle of Support/Peers, and to refine your proposal before turning it in on Tuesday May 3<sup>rd</sup>. Peers will also get practice in critically thinking about empathy, compassion, and reflexivity as they help you think through your ideas.

Your task is to create a visual mind map that outlines your proposal. We will cover examples of mind maps in class. The idea behind outlining your proposal visually is to help you think through all that must be taken into consideration about the compassionate act before carrying it out. Your mind map should include the following six

- a. : Based on your research and interview, provide a description of the general experience of the type suffering your person is going through. For example, what are the definitions, statistics, causes, treatments? If you are working with a particular organization, describe the organization and what they do in order to address this type of suffering. Cite your sources and your interviewee in APA format

ii. In what ways does your proposed act of compassion meet or not meet

?

iii. What is your

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What is one of the most meaningful lessons you learned about empathy and how it changed, moved, surprised, inspired, or quieted you, for example.

Grading criteria include:

You address all four parts of the presentation (5 points)

You demonstrate that you have prepared for your presentation (e.g., you know what you want to say, you have turned into me before the

presentation, your presentation fits the time limit) (10 points)

Your most meaningful lesson demonstrates your thought, care, and engagement with your learning (10 points)

If you are not able to be in class on the May 3<sup>rd</sup> due to illness or other difficult circumstances, please let me know ahead of time as you are able, and I can set up a Zoom link for you. If you are not able to attend in person or online, you will need to record your presentation via Zoom and send me the link to the recording.

8.

In your final reflection paper, please detail the following in your answer:

Brief reminder of the person/group and their challenge/suffering

What you did for your act of compassion

How did your small deed demonstrate empathy based on the definition you provided in number 1?

How did your small deed demonstrate compassion based on the definition you provided in number 1?

How did this project impact your understanding of empathy and compassion?

How has the project impacted the way you will communicate and extend compassion to others in the future?

What did you do for your project to meet the capstone objective? Present in

depth academic engagement with a communication issue to a public audience

Please include an attachment along with your paper that provides evidence that you met the capstone objective.